



Request for Proposal from Self-Determination Local Advisory Committee for RCEB

Issued: August 19, 2025

Deadline for submission: October 15, 2025

Project: Moving Forward in Self-Determination

Background:

Self-Determination Local Advisory Committees (SDLAC's) were established by law to provide oversight of the Self-Determination Program (SDP) and make recommendations for improvement to each local regional center and the Department of Developmental Services. Funds are granted annually by the Department of Developmental Services (DDS) to the SDLAC's and Regional Centers to support the implementation of the SDP. The SDLAC for Regional Center of the East Bay (RCEB) has prioritized the needs in the local area for the use of the funds, and is seeking proposals from interested parties to carry out one or more of the projects which the committee wishes to fund.

Timeline for Moving Forward in Self-Determination:

- Applications must be submitted by October 15, 2025
- Applications will be reviewed in late October 2025
- Applicant interviews will be held in early November 2025 with selection notification being made by the end of November.
- Projects will begin immediately, and must be completed by mid-March 2025.

Applicants with disabilities and/or diverse backgrounds are encouraged to apply.

Applicants outside of the Bay Area are also encouraged to apply.

Total Available: \$10,000

General Description: This project will help those currently in Self-Determination, both service recipients and family members, to feel more confident about maintaining their program by providing strategies to address specific challenges, connecting with others in SDP, and increasing confidence in the program.

Desired outcomes:

- For those in their first year of SDP to feel more confident about maintaining their program
- To learn strategies to address specific challenges they may experience, such as hiring and managing staff, finding specific resources, keeping abreast of changing/updated DDS guidance or RCEB procedures
- Connect with others in SDP for support and resource sharing
- Increase confidence in the program and be more able and motivated to promote it in their community, assist others informally, and be a ‘cheerleader’ for the program

Suggested structure:

- Offered in both English and Spanish (ideally one contractor that can do both)
- Presentations/meetings to take place between the first of January and early March
- Provide a unique topic for each of three presentations (3 in English and 3 in Spanish, for a total of 6)
- Attendees will have the option to attend all, or just select based on topic
- 90 minutes per meeting, including up to 45 minutes on the presentation, the remainder for Q & A/discussion/community building
- Include opportunities for networking and peer support among attendees during the meetings and outside of the meetings
- Possibly distribute information or resources on the scheduled topic prior to the meeting

Ideal contractor has experience working with:

- RCEB specifically, either as an Independent Facilitator, service provider or service recipient/family member,
- a variety of ages of clients,
- a range of support needs,
- a variety of FMS models, including hiring staff directly
- and, for proposals including Spanish presentations, experience working with Spanish speaking clients and families.

Application Instructions:

Submit responses to the following questions and requested documents in one email message to selfdetermination@rceb.org with the subject line “**Moving Forward in Self-Determination**” by October 15, 2025.

- Applicants with disabilities and/or diverse backgrounds are encouraged to apply.
- Applicants outside of the Bay Area are also encouraged to apply.
- Allowable formats are PDF, Word and Excel. Please do not include photos or graphics in your documents except for your letterhead.

Feel free to add whatever space is needed to respond thoroughly to the questions below and explain why your skills and experience would be of great assistance to the SDP.

General Questions

- Name of Organization or Individual:
- Name of Contact Person:
- Email of Contact Person:
- Phone number of Contact Person:
- Website of Business or Organization:
- Street Address of Business or Organization:
- Is this an individual contractor, nonprofit organization, partnership or corporation?
- What percentage of the ownership of this business or of the total number of members of the Board of Directors are:
 - Persons with disabilities?
 - Latinx or Latino or Hispanic?
 - Asian or Asian-American?
 - Black or African-American?
 - White or Anglo?
 - Another racial identity?
- What is the experience of your business with self-determination?
- What is your experience working with individuals with developmental disabilities?
- What is your experience working with individuals with developmental disabilities from underserved populations?
- What is your experience with person-centered practices?
- What is your experience using plain language practices?

Questions Related to Specific Project –

In addition to responding to the general application questions above, please include responses to these questions:

Describe in detail how you plan to carry out this project. Applicants are welcome to make adjustments, based on experience and expertise, to the suggested structure. Please explain here your approach and any variations from the suggested structure.

Other than English, in what languages can you or your staff fluently communicate with participants and families?

How many participants can you support?

Please add a statement outlining your plan to serve diverse clients, including, but not limited to, culturally and linguistically diverse clients. Include any additional information that you deem relevant to issues of equity and diversity.

List the qualifications for the individuals who would implement this project, including the role each would play and their experience with RCEB.

What is your anticipated timeline for completing this project? (All projects must be completed by mid-March 2026.)

In addition to responses to the above questions, please also submit:

- a line-item budget showing how you will use the funds, up to \$10,000, including the specific costs associated with each activity
- 2 or more letters of reference from people who have knowledge of your experience with the Self-Determination Program
- any other information that directly explains your proposal

Thank you for your interest in this project and the Self-Determination Program!

Please submit responses to the above questions and all requested documents in one email message to selfdetermination@rceb.org, subject line “Moving Forward in Self-Determination” by October 15, 2025.

Allowable formats are PDF, Word and Excel. Please do not include photos or graphics in your documents except for your letterhead.